

How Do I Prepare for the Permanent Eyeliner Treatment?

There are a few things you need to avoid before your eyeliner tattoo appointment:

- Do not dye or lift your eyelashes for at least 2 days before your procedure (some artists advise as long as 2 weeks).
- If you have eyelash extensions, have them removed at least 3 days before your procedure.
- Inform your PMU artist if you've had any eye surgery or intervention in the area (Botox, filler, laser eye surgery, etc.).
- Avoid taking the following for at least 3 days before your treatment: aspirin, ibuprofen, niacin, coumadin, fish oil, vitamin E.
- Don't drink alcohol at least 24 hours before the procedure.
- Don't drink caffeine 24 hours before the procedure – you'll bleed more.
- Wash your hair that morning – you can't get your healing tattoo wet for the next few days.
- Bring sunglasses to wear home as your eyes may be sensitive to light after the treatment.
- Relax! It's not actually as scary as you might think.

Note: You won't be able to wear contact lenses during the procedure and for the next 24 hours.